



# The Record Times

December 1991

Volume I, Number 12

Davis Aquatic Masters, P.O. Box 921, Davis, CA 95617

## President's Message

A new era has begun for the DAM Board and the reality of what I've agreed to take on is slowly sinking in. Challenge and adversity have always intrigued me and I'm certain that this process will be rewarding as my past endeavors. High standards have been set by the previous Board and our work is cut out for us.

The program changes that have been set in motion by the previous Board are now ours to complete and fine tune over the next year. We'll also be responsible for maintaining the many existing programs at a level of efficiency that the membership has grown to expect.

I'm certain it will take time for the new Board and myself to become comfortable with our roles and to learn to work together and with the staff. We'll be needing help on many occasions and will be soliciting membership volunteers so please be ready when we ask. After all, it's our club and we will all be better off with participation from as many members as possible.

I would also like to encourage each member to participate in the governing process of the club. Please feel free to attend the Board meetings to air your concerns or call me or one of the Board members to keep us informed or to just show encouragement.

Thanks for your support, *Larry Olsen*

## Upcoming Events & Workout Time Changes

Fri Dec 13	No 7 pm workout (last 3 Fridays in Dec)
S/S Dec 14-15	Santa Cruz SCM Meet (tentative)
Sun Dec 15	DAM Holiday Party - 7pm. 3401 Oyster Bay (West Davis)
Fri Dec 20	No 7 pm workout
Tue Dec 24	No 6 or 7 pm workout (Christmas Eve)
Wed Dec 25	11am & 12 noon workouts only (Christmas)
Fri Dec 27	No 7 pm workout
Tue Dec 31	No 6 or 7 pm workout (New Years Eve)
Wed Jan 1	Swim Into the New Year Workout - 8:30 am
January	Hour Swim Month

## HOLIDAY PARTY

Come one, come all to the 1991 DAM Holiday Party. We will celebrate on Sunday, December 16 at 7:00 p.m. at Betty Dugan's home at 3401 Oyster Bay in west Davis. Please bring an appetizer or dessert. Milt Blackman will provide his famous mulled wine. The club will provide soft drinks, beer and wine.

We will have a gift exchange. To participate, bring a gift valued at under \$5.00. The gifts will be redistributed at random, so please choose something that is in DAM good taste.

### HOLIDAY PARTY

Sunday, December 15, 7:00 p.m.

3401 Oyster Bay

Bring a dessert or an appetizer

Bring a gift (under \$5.00) to exchange

Ho Ho Ho!, please come and help us celebrate!

## SPECIAL OUTSTANDING PERFORMANCE AWARD PRESENTED AT THE ANNUAL MEETING

A special Outstanding Performance Award was presented to head coach Michael Collins by lame duck president Kit Lenz at the Annual Meeting in October. Ceremonial boxer shorts were presented to Mike in recognition of his excellent showings in several open water swims, short course meets, long course meets, and triathlons in 1991. Mike's accomplishments over the course of the year include:

- 12 first place finishes in PMS competition.
- A first place finish in the One Hour Swim in the 19-24 age group (5,455 yards).
- A third place finish in the Lake Berryessa One Mile Swim.
- PMS long Course Championships high point winner in the 25-29 age group.
- Several top ten finishes in some highly competitive triathlons, including races in Springfield, Ill., Vancouver B.C., and Japan.
- A 9 hour 48 minute finish in the famous Ironman Triathlon in Hawaii.

Davis Aquatic Masters is proud to be so well represented by Coach Collins and wish him continued success in his future challenges and travels!

### DECEMBER

### Workout Schedule

Monday

Sprint /Fins

Tuesday

Mid. Dist

Wednesday

Stroke/IM

Thursday

Distance

Friday

Stroke/IM

Saturday

Intensive

## November Board Notes

The November Board meeting was held on the 7th at the Lutheran Church located at 8yth and B streets. It was a transitional meeting for the new Board. New Board members were welcomed and given an orientation of the procedures for the DAM Board as well as a review of the management plan. Each Board member presented a review of their area of responsibility, how it was done, various activities and time frames. Committee reports were also given. Of special note, Verne Scott reported that as a result of persistent communication with PMS the dues will stay at the current rate of \$25 a month.

The treasurer reported an enrollment of over 400 and the third quarter financial report was distributed. The president reported that An Motekaitis has accepted the position of race director for Berryessa. Policy on health insurance coverage was postponed until more information was compiled. Coach Mike gave his report. Several motions were passed concerning: Institution of an 8:30—9:30 Sunday morning workout effective January 1, 1992; cutting of the Friday 7pm workout for December 13, 20, and 27; Appropriation of \$10 for BOD photos to be posted at the pool.

New officers and committees were decided. Larry Olsen was elected President; Melody Herbst, Vice President and Head of Communications; Tom McKenna, Head of Personnel; Katy Notely-Barichievich, Head of Management and Finance; Alberto Goenaga, Head of Membership; and Jim Frampton, Head of Special Events. Stay posted for next month's meeting time and location.

## NEW WORKOUT ADDED!

An 8:30 am Sunday morning workout will be added, beginning Sunday, January 12th, to make a total of 42 workouts offered each week, plus the 4 hours of weekend lap swimming - Plenty of chances to splash & dash!

## Coach's Column -

by Michael Collins

### A Look at the Past

December is a good time to take a good look at what we have done over the last year. A time to reflect on the successes and failures we've all had. For me, three years of coaching at DAM is coming to a close. I have really enjoyed being here. There are several words and ideas I can think of to describe these last three years:

**Challenging** - Learning how to coach and deal with a team of over 400 swimmers has certainly been a challenge. I'm still far from having it right.

**Fun** - Every day has at least one laugh in store.

**Successful** - Since coaching at DAM we seen numerous USMS, PMS, and club records broken. We have won several team titles and have had countless personal best swims by members in workouts as well as meets.

**Rewarding** - Watching your swimming improve is most rewarding!

**Great** - Coaching one of the largest teams in the country with 8 workouts per day is great! Getting to work outdoors instead of behind a desk and having flexible work hours is great. And given opportunity to travel to major events is great!

### A Look to the Future

What's in store in '92? More "fun, fit, & fast" swimming - I hope. There will be plenty of opportunities to test your swimming fitness next year, beginning with the Hour Swim coming up in January. The hour swim is a great way to compare your current fitness to where you were a year ago, so start thinking about a goal pace you would like to hold. Hopefully, by starting to prepare for the Hour Swim next month, you will stay motivated you to make it to the pool regularly this month through the Holidays and cold weather. Stay fit and HAPPY HOLIDAYS!

Coach Mike

### Workout & Lap Swim Hours

Mon. - Fri.  
6am, 7am, 10am,  
11 am, 12 ,7pm  
@ Civic  
6pm @ Comm.  
Saturday  
8:30—10am  
(intensive)  
@ Civic

Saturday, Sunday  
11—1pm  
lap swim  
@ Civic



**STATE  
MARKETS**

**IGA**

**BRIAN S. GEE**

655 Russell Blvd. 756-7567  
Davis, California 95616

## THE FINALS



### FINALS Outstanding Performance - Darren Dutto

It was very tough selecting an outstanding performance of the month because there were so many - 21 to be exact. That's how many successfully completed this year's Brute Squad Meet. But if one of those 21 has to be singled out, then the award must go to Darren Dutto. Darren set the fastest overall time in DAM Brute Squad history! He shattered Coach Collins' ("that was mine") record of 25:06 with a 24:20. His splits can be found in the Brute Squad Meet results in this newsletter.

Consider yourself "King of the Brutes," Darren, and accept this award on behalf of all the Outstanding Brute Squad swimmers. (P... you don't have to share your new suit with 'um).

Special thanks to Scott Morris at The FINALS for his support of this award. The DAM/FINALS Outstanding Performer of the Month receives a free FINALS swim suit.

# December Swimmer of the Month

Eighteen year member, Bob Schroeder, is the December Swimmer of the Month.

Patty Scott encouraged Bob joined DAM in July of 1974. Swimmers had the option of paying dues at twenty-five cents a workout or five dollars a month when Bob joined. Bob spent his lunch hour at DAM workouts every day and still swims regularly at this time.

By 1977, Bob became very involved with the club and was elected to the Board as equipment manager. Bob bought new lane lines and fins for the club. He also tried to improve city-club relations. Says Bob, "At that time, we did a lot with a little."

After his term as equipment manager, Bob continued to volunteer his time to DAM. In 1979, he was Verne Scott's "right-hand man" in planning and running the Pacific Association Championships at the Civic Center Pool. Bob is also one of those brave souls who helped scrape algae off of the Civic Center Pool!

Bob swims for both the physical and mental benefits. "It's good for my mind and my body," he says. Bob likes to compete in open water swims and Brute Squad meets, but adds, "I'm not in this for the glory." He's "in this" for the fitness and social aspects of the club. Bob really enjoys the other swimmers. His swimming friends are supportive of his other athletic endeavours (the 1991 Turkey Trot!) Bob says, "It's a great feeling to get to know the other swimmers!"

Congratulations, Bob, on being selected as Swimmer of the Month! We appreciate your involvement!

A special thank you to Cafe California for donating dinners to our swimmer of the month.



**California**

Fresh food, California style

## Bob Schroeder

808 Second Street  
Davis, CA 95616  
(916) 757-2766

Happy Birthday from all of us at  
Davis Aquatic Masters!!!

David Gilmer	12/1
Adam Torean	12/1
Wendy Valentine	12/1
Robertia Ranstrom	12/4
David Woodruff	12/4
Coreen Flavery	12/5
Byron Philleo	12/6
Marin Steidel	12/6
Ronald Harvey	12/6
Jean Fritzen	12/7
Dennis Wilson	12/8
Beverly Batha	12/8
Anna Knutti	12/10
Allison Alcala	12/11
Michael Mallen	12/13
Ellen Moratti	12/14
Elizabeth McCarthy	12/14
Jennifer Norris	12/15
Staci Cohen	12/15
Roswita Norris	12/16
Karen Lang	12/17
Erica Woods	12/18
Kristina Neill	12/22
Eb Anderson	12/22
Eve Sloane	12/24
Heather Morrell	12/24
Carin Craig	12/26
Wilson Park	12/27
Christine Heuser	12/27
Karen Schelegle	12/28
Diane Gilmer	12/28
Emily Plesser	12/28
Marnelle Gleason	12/29
Eleanor Calkin	12/31
Mark Crosby	12/31

Our Warm Welcome  
to new and re-  
enlisted members!!

96 Kolea Au
397 Jeff Brown
398 Heather Morrell
399 Mary Ann Paulazzo
400 Carol McConnell
401 Christine Heuser
402 Ron Nagy
403 Elle Hofmann
404 Linda Hood
405 Federico Moncloa
406 Jeff Glanville
407 Chantel Fitting
408 Alexander Scholtz
409 Mari Lang
410 Kristin Tice
411 Clifton Brady
412 Zenia Asfour
413 Ann Witte
414 Ronald Harvey
415 Peter Davis
416 Jonathan Davison
417 Richard Agui
418 Charlene Falois
419 Don Wilson
420 Cricket Banks
421 Jennifer Coon

## TWO NEW DAM BOOKS!

### POWER FOODS by Liz Applegate

Dr. Liz Applegate, a long time DAM swimmer and a lecturer in the nutrition department at UC Davis, has just released her book POWER FOODS. You may have seen her interesting & informative ideas on smart, yet practical, nutrition in articles in *Triathlete* and *Runner's World* where she is the nutrition editor. Now get an entire book with the wisdom of how to eat well without eating gross tasting "health" food or spending all day cooking. Learn about eating to improve your performance in everyday life as well as in athletics.

POWER FOODS features plenty of quick reference charts and lists that spotlight the nutritional best in snacks, beverages, breakfast cereals, fast food and even sweets. This hardbound book can be found at most major bookstores (including Waldenbooks in Davis's own University Mall) for \$18.95 (great Christmas present idea!). OR PICK UP A COPY AND GET IT SIGNED BY LIZ

SATURDAY, DECEMBER 14 AT THE AVID READER.

### DAM Good Year by Michael Collins

It's finally out! Coach Mike has compiled a full year of the swim workouts given at DAM and released them in a book along with some additional swimming info.

A DAM Good Year is another great book to keep in your swimming library or to give as a gift to swimming friends or relatives. Retail cost is \$25, but DAM members can get a signed copy of the book direct from Mike for \$20.

## Treasurer's Tips

by Barbara Paulson

December is the time to re-enroll for the winter quarter (January February and March). It is also the new time to reregister for Pacific Masters Swimming (PMS). Until this year, the PMS cards expired at the end of October. They now expire at the end of December. Since membership in PMS (or United States Swimming, if you are 18) is required to be a member of Davis Aquatic Masters (so that we are covered by liability insurance), I require verification that you have reregistered for the 1992 year. Those who have joined DAM and PMS since October have cards that expire at the end of December of 1992. Everyone else needs to renew their PMS registration. The necessary form is on the re-enrollment form which is included in this newsletter or is available at the pool. This form needs to be filled out and signed, and a check for \$25.00 made out to Davis Aquatic Masters for the 1992 PMS registration fee must be included with the re-enrollment form for you to be re-enrolled for the Winter Quarter.

(This can be included with the dues check only if the dues check is accompanying the re-enrollment form.) If the form is not signed or the check is not included, you will not be re-enrolled and will owe the extra \$2.00 late fee and be a late member with a '900' number when you do get everything in. If you will be enrolling with another club, you should contact me. If you already have a 1992 USMS card with another club or a 1992 USS card, please send in a copy with your re-enrollment form.

This year the dates for Winter re-enrollment will be different. Many people are gone or busy during the normal re-enrollment period which is always toward the end of December. This year we will re-enroll from December 2nd to December 13th. Hopefully this will encourage everyone to get their forms in before finals start or too much Holiday activity sets in. It will still hold

true that a form will be considered late if it is not turned in by the deadline because the new schedules which will be effective January 6, the first Monday in January will also be done earlier. If you have any questions, please call me at 756- 4234.

Also remember, if you are not going to be swimming during December, but want to swim in January, you should go on leave by writing a note and sending it in with the \$2.00 leave fee.

Otherwise you will be counted as a new member and need to pay the \$5.00 initiation fee when you rejoin. In order to maintain membership, you must pay for complete months either as an active member or on the on-leave status.

## USMS Postal 5 & 10 K Championships

The Davis swimmers who participated in this event did it way back in July, but because swimmers are allowed to do the swim any time between May & October results have just come out recently. DAM impressive results, too! Out of the four DAM member who swam, three won their age group and two set new records! Although only four of our swimmers competed, DAM finished 4th overall in the team standings. Our team won the bid to run the event next year. Start setting some goals now and let's go for the team title in 1992.

10 K	Age	Time	Place
Chris Chichester	25-29	2:26:31.99	1st
Melissa Beatty	30-34	2:41:39.99	4th
5 K			
Roswita Norris	45-49	1:56:26.99	1st*
Michael Collins	25-29	1:05:37.99	1st*

\* Denotes new record

## PMS Open Water Points Competition

Swimmers were awarded points based on their best placing in 6 of the 8 1991 swims: Berryessa 1 & 2 Mile, Lake Sonoma 2 Mile, Del Valle 1.5 mile, Santa Cruz 1 Mile, Donner Lake 2.7 Mile, Lake Topaz 1.5 Mile, & Whiskeytown 2 Mile. Congratulations to the 8 DAM swimmers who finished in the top six overall standings in their age group:

Women			Men		
25-29	Chrissie Chichester	3rd	40-44	Rand Schaal	1st
30-34	Melissa Beatty	3rd		Andy McPherson	2nd
	Wendy Pratt	4th	60-64	Cap Thomson	6th
40-44	Diane Davis	2nd			
50-54	Susan Munn	1st			

## PMS OPEN WATER POINTS COMPETITION TWO DAM SWIMMERS WIN CHAMPIONSHIPS

Davis Aquatic Masters swimmers Susan Munn and Rand Schall finished first in their respective age groups in the 1991 PMS Open Water Swim Points Championships. The competition is based on points awarded for entrants' best placings in six of eight open water swims. This year's competitions were the Lake Berryessa 1-Mile and 2-Mile Swims, the Warm Springs 2 Mile Swim, the Del Valle Swim, the Santa Cruz Pier Swim, the Donner Lake Swim, the Topaz Lake Swim, and the Whiskeytown Swim. Susan finished first in the women's 50-54 age group with 88 points and Rand finished first in the men's 40-44 age group with 118 points. Other DAM swimmers who placed in the competition were:

Women	
Chrissie Chichester	3rd (25-29), 71 pts.
Melissa Beatty	3rd (30-34), 89 pts.
Wendy Pratt	4th (30-34), 63 pts.
Diane Davis	2nd (40-44), 93 pts.

MEN	
Andy McPherson	2nd (40-44), 82 pts.

# PMS Long Course Top 10 Times

<sup>11</sup> DAM swimmers, 6 women & 5 men, qualified for the PMS Top 10 list for the 1991 Long Course season. Those swimmers also accounted for 19 number #1 rankings and two PMS records. DAM also placed 5 relays in the list. Way to go DAM swimmers!

<b>Tina Wallis</b>	<b>19-24</b>	<b>6 events</b>	
800 Free	11:55.44		1st
200 Back	3:25.36		2nd
100 Breast	1:35.62		2nd
200 Breast	3:24.82		1st
100 Fly	1:21.01		1st
200 IM	3:01.49		5th
<b>Chris Chichester</b>	<b>25-29</b>	<b>7 events</b>	
200 Free	2:27.66		2nd
1500 Free	20:15.23		3rd
100 Back	1:18.71		2nd
200 Back	2:46.19		3rd
50 Fly	33.54		1st
200 IM	2:47.64		2nd
400 IM	5:50.13		2nd
<b>Melissa Beaty</b>	<b>30-34</b>	<b>7 events</b>	
200 Free	2:40.47		7th
100 Back	1:23.01		4th
200 Back	2:59.47		1st
50 Fly	:35.31		3rd
100 Fly	1:20.56		4th
200 IM	2:54.26		4th
400 IM	6:14.81		2nd
<b>Sharon Blaha</b>	<b>30-34</b>	<b>1 event</b>	
1500 Free	20:41.45		2nd
<b>Roswita Norris</b>	<b>45-49</b>	<b>5 events</b>	
200 Free	3:37.78		3rd
100 Back	1:56.46		5th
100 Breast	1:56.43		4th
200 Breast	4:03.33		1st
400 IM	8:23.01		1st
<b>Susan Munn</b>	<b>50-54</b>	<b>4 events</b>	
100 Free	1:19.92		1st
200 Free	2:56.40		1st
800 Free	12:32.84		1st
1500 Free	23:40.06		1st*
<b>Michael Collins</b>	<b>25-29</b>	<b>7 events</b>	
200 Free	2:09.37		4th
1500 Free	17:58.06		1st
200 Back	2:37.94		2nd
200 Breast	2:49.65		4th
200 Fly	2:28.97		1st
200 IM	2:28.27		1st
400 IM	5:16.30		1st
<b>Dave Mackey</b>	<b>30-34</b>	<b>6 events</b>	
100 Free	1:02.05		9th
200 Free	2:16.13		7th
100 Breast	1:22.24		4th
200 Breast	2:54.07		2nd
200 IM	2:34.43		5th
400 IM	5:30.12		3rd
<b>Andy McPherson</b>	<b>40-44</b>	<b>5 events</b>	
100 Free	58.40		1st
200 Free	2:11.12		1st
1500 Free	19:07.91		1st
200 Back	2:40.01		2nd
100 Fly	1:05.74		1st*
<b>James Frampton</b>	<b>40-44</b>	<b>6 events</b>	
100 Free	1:12.11		9th
400 Free	6:06.80		3rd
800 Free	12:39.83		7th
50 Breast	:40.61		5th
100 Breast	1:31.40		8th
200 Breast	3:27.45		9th
<b>Robert Norris</b>	<b>50-54</b>	<b>6 events</b>	
800 Free	12:03.22		3rd
1500 Free	23:02.3		2nd
50 Back	:38.14		4th
200 Back	2:58.65		3rd
100 Breast	1:46.22		6th
200 IM	3:07.95		5th

\* denotes PMS record

# DAM BRUTE SQUAD MEET RESULTS

## NOVEMBER 16, 1991

NAME	AGE	200 FLY	400 IM	1,650 FREE	Total Time
<b>WOMEN</b>					
Kristie Dickey	19-24	2:30.54	5:05.78	19:00	26:36.32*
Anna Scott	25-29	2:29.82	5:13.89	19:30	27:13.89*
Chris Chichester	25-29	2:31.29	5:11.12	20:00	27:42.41
Yulynn Jew	19-24	2:35.75	5:21.40	21:00	28:57.15
Kelly Buchanan	19-24	2:33.05	5:36.10	20:55	29:04.88
Melissa Beaty	30-34	2:49.32	5:45.47	22:28	31:02.79
Susan Munn	49-54	3:17.24	6:35.00	23:37	33:29.24*
Mary Horton	45-49	3:52.16	7:34.81	27:20	38:47.*
Betty Dugan	49-54	3:58.88	7:31.84	28:25	39:55.72
Susie Hansen	35-39	3:54.25	7:40.42	30:44	42:18.67
<b>MEN</b>					
Darren Dutto	19-24	2:10.95	4:34.51	17:35	24:20.46**
Greg Matthews	25-29	2:15.45	4:42.33	19:04	26:01.88
Andy McPherson	39-44	2:13.61	4:53.93	19:28	26:35.54
Chris Oshiro	30-34	2:16.85	4:57.24	20:00	27:14.09
Dan Burger	25-29	2:33.05	5:04.11	20:00	27:37.16
Ted Deacon	39-44	2:38.77	5:26.77	20:41	28:46.54
Chazz Hesselein	35-39	2:56.85	5:42.81	22:35	30:34.66*
Mike Neasham	19-24	2:53.55	5:48.71	22:28	31:10.26
Jack Mills	39-44	3:24.89	6:41.41	22:43	32:49.30
Robert Norris	50-54	3:07.87	5:53.48	22:43	31:44.35*
Bill Treguboff	55-59	4:32.31	7:34.02	28:38	40:44.33*

\* Denotes DAM age group record


\*\* Denotes All-Time Fastest Brute

## Advertise in the DAM Newsletter!

Reach over 400 people/mo from all walks of Davis and Beyond. Monthly rates:

Business Card: \$15 Full Pg \$100 1/4 page \$36 line ads 20¢ word  
Contact Bill Collins @ 756-1537

Camera -ready copy Deadline is the 15th of the month.

 <b>FINANCIAL SERVICES</b>	<b>MARK D. BARICHIEVICH</b> Registered Representative
	Jamaica Plaza 2233 Watt Avenue, Suite 120 Sacramento, CA 95825 916/482-2274 <b>Davis 916/753-8732</b>
<small>A Torchmark Company</small> Paid advertisement	

## Business Services

Bicycle need a hand? Call Jeff's Bike Repair at 758-3815. Let us fix it right!

1980 264 Volvo, immac., \$2300, 758-3815

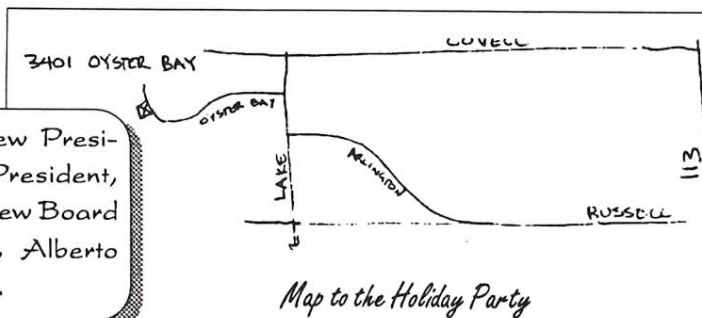
DAM December '91 Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Lap Swim 11-1 1	Sprint/Fins 2	Middle Distance Winter Re-Enrollment Begins 3	Stroke/IM 4	Distance 5	Stroke/IM 6	Intensive Workout 8:30am Lap Swim 11-1 7
Lap Swim 11-1 8	Sprint/Fins 9	Middle Distance 10	Stroke/IM 11	Distance 12	Stroke/IM Winter Re-Enrollment Deadline No 7 pm workout 13	Santa Cruz Short Course Meters Meet Intensive Workout 8:30am Lap Swim 11-1 14
Santa Cruz Short Course Meters Meet DAM Holiday Party 3401 Oyster Bay 7 pm 15	Sprint/Fins 16	Middle Distance 17	Stroke/IM 18	Distance 19	Stroke/IM No 7 pm workout 20	Intensive Workout 8:30am Lap Swim 11-1 21
Lap Swim 11-1 22	Sprint/Fins 23	Middle Distance Christmas Eve No 6 or 7pm workout 24	Christmas Day Workouts: 11am & 12noon 25	Distance 26	Stroke/IM No 7 pm workout 27	Intensive Workout 8:30am Lap Swim 11-1 28
Lap Swim 11-1 29	Sprint/Fins 30	Middle Distance New Years Eve No 6 or 7pm Workout 31	Middle Distance Happy '92!!!! 1	Stroke/IM 2	Distance 3	Intensive Workout 8:30 Lap Swim 11-1 4

Quote of the Month - Design a workout that even a fool could use, and only a fool will use it.



Congratulations to our New President, Larry Olsen; V. President, Melody Herbst and three new Board members: Jim Frampton, Alberto Goenaga, Tom McKenna..



P.O. Box 921, Davis, CA 95617

Phone Numbers

Board of Directors

- Nyla Crain 756-8530
- Alberto Goenaga 756-4906
- Melody Herbst 753-1234
- Tom McKenna 756-7427
- Katy Notely-Barichevich

Head Coach

- Larry Olsen 758-9644
- Verne Scott 753-2828

Assistant Coach

- Mike Collins 758-7212

- Don Veress 756-1610

Treasurer

- Barbara Paulson 756-4234

Newsletter Editor

- Jeff Yoshimoto 758-3

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